

# THE YANKEE COURIER



“Fidelis Et Alertus”

April 2019



## Yankee News

- Bradley Breaks Ground  
on Construction of New  
Main Gate

- The Cabin Fever  
Getaway

- Commander's Column

# The Yankee Courier Team

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# Commander's Column

**By Lt. Col. Paul Fiasconaro**  
**Operations Support Squadron Commander**  
**103rd Airlift Wing**

Spring is in the air...it's time for change, time for renewal and time to "DO YOUR JOB"! This is one of my favorite quotes from possibly the greatest head coach in NFL history. In the context of football, you have an assignment and you execute that assignment. This seems easy enough, but for this philosophy to work, the coaching staff must have established a level of credibility that elicits respect and buy-in from the players. More importantly, however, the coaches must trust the players and hold them accountable when they fall short of the standards. This is what sets Coach Belichick apart from his peers. As a member of the Connecticut Air National Guard, many of you are trusted with jobs that people's lives depend on, so DO YOUR JOB! Sounds simple, right?

I believe it all starts with one word: Initiative. The definition of initiative is "the power or opportunity to act or take charge before others do." Generally, there are three types of people in this world - those who make things happen, those who watch things happen, and those who wonder what happened. As we head into this season of change and look out at the horizon, our lives are about to become exponentially more busy with an AEF deployment, multiple exercises, an AMC IG OSV and an AMC IG CAPSTONE. This is not something to fear, but something to embrace. It is our time to show just how ready, focused and capable we are in the Connecticut Air National Guard. The next year and a half will require an incredible amount of hard work at every level. The part you, as an individual Airmen, will play in our Wing's success in these endeavors will be born of the initiative you take to overcome challenges and solve problems at your level by DOING YOUR JOB to the absolute best of your ability!

Before I go any further, I have to tell you a truth about me - I spent the first 16 years of my career on Active Duty, on both the enlisted and officer sides. I grew up thinking the Air National Guard was just a supplemental force that could never come close to the readiness and capability we had in the Regular Air Force (RegAF). When I signed on the dotted line and became a Guardsman myself, I quickly realized I had it all wrong.

The Air National Guard is responsible for the same



missions at the same standards as the RegAF and we do it with a fraction of the people. The question is: how do we make this happen? Initiative. Plain and simple. Members of the Air National Guard often work in shops that are a quarter of the size they would be in the RegAF. Because we are so much smaller at the unit level, we very often juggle multiple additional duties, whether we do this full-time or part-time. This makes it particularly important for you as an Air Guardsman to put forth a strong effort and show initiative every time you put on your uniform and pitch into tackling your part of our mission. As we start this April UTA weekend, think about what type of person you are. Are you someone that makes things happen? Are you someone that watches things happen? Or, are you someone who will continually wonder what happened? The fact that you took a path in life that led you to service almost certainly means you either want to be, or already are, someone that makes things happen. Use this knowledge, in this time of change and renewal, to refresh a program, dust off your MICT checklist, clean-up the office, develop a new initiative or start a fresh exercise program. Take this time to improve the wing, improve your group, improve your squadron, and improve yourself.



# Bradley breaks ground on construction of new main gate

By Tech. Sgt. Tamara Dabney  
103rd Airlift Wing, Public Affairs

The Connecticut Air National Guard held a groundbreaking ceremony to mark the beginning of construction on a new main gate entrance at Bradley Air National Guard Base.

The start of the \$8.5 million project marks a pivotal moment in the reconstruction of Bradley Air National Guard Base, which has taken nearly 15 years to plan and fund.

103rd Airlift Wing Base Civil Engineer Lt. Col. Henry Chmielinski, alongside current and former Connecticut National Guard leaders worked together to finally make the plans come to fruition.

“From 2005 to 2014, we planned several solutions to fix the front gate issues, but all fell through,” said Chmielinski. “In 2014, Lt Col Jim Guerrera, noticed a for sale sign had been posted on 4.5 acres connecting our property and Rte 20 and let Col Detorie know, and we were off. This only happened because of the team we had, no other reason, and we had a great team!”



Connecticut National Guard leaders and guests shovel dirt during a groundbreaking ceremony, March 21, 2019 at Bradley Air National Guard Base, East Granby, Conn. The groundbreaking ceremony was held to mark the start of construction on a new main gate. (U.S. Air National Guard photo by Tech. Sgt. Tamara R. Dabney)

The National Guard Bureau awarded a \$7 million contract for the project and the remaining costs were covered through a state bond.

“During the design process, we determined through discussions with the CAA and the town of East Granby, Walnut Drive, a road located directly across the street from our future gate, would need to be relocated to ensure the safety of the new intersection being created by the new front gate,” said Chmielinski. “This could not be done with federal funds so the TAG requested, and was awarded, a \$1.5M bond to facilitate the design and relocation of Walnut Drive from Governor Malloy’s state bond commission.”

The project will include a gated entrance, a



signalized intersection, a new entry control facility, and relocation of Walnut Drive. With the completion of the project, Bradley will meet all modern security requirements and become a more visible presence to the local community. For Col. Stephen Gwinn, 103rd Airlift Wing Commander, the visibility that the project will bring to the bases is something that members of the Connecticut Air National Guard can be proud of.

“It’s a sense of pride for the base and for me,” said Gwinn. Specifically, when I’m off base in the local community, I always have to describe who I am, and what we do, and where we are, believe it or not,

even within the local towns. So, as people drive down Route 20, which is a very bust road, they will know, as they pass that gate, that we are a professional military organization. We are their National Guard and we’re here to support them and the country.”

According to Chmielinski, the project is also expected to increase the safety of Route 20 and the Bradley International Airport Connector Freeway.

“It is the first step in making this stretch of Route 20 safer for all motorists,” said Chmielinski. “The relocation of walnut drive and the installation of the new signal will facilitate a future change in the exit and entrance on to Ease Granby Road, a deadly intersection which has experienced numerous vehicular accidents resulting in death.”

The Air National Guard and Air Force Reserve take on 65 percent of tactical airlift missions in the nation. When the 103rd began flying the C-130 H Hercules in 2013, the unit assumed a substantial role with respect to the total force capabilities of the U.S. Air Force. Eight years earlier, the Base Realignment and Closure (BRAC) Commission had notified Connecticut National Guard leaders that failure to construct a main that meets modern requirements could result in base closure. Construction of the new main gate enables the Air National Guard to continue serving the local community and the nation.



Maj. Gen. Francis Evon, The Adjutant General of the Connecticut National Guard, speaks before an audience at a groundbreaking ceremony, March 21, 2019 at Bradley Air National Guard Base, East Granby, Conn. The groundbreaking ceremony was held to mark the start of construction on a new main gate. (U.S. Air National Guard photo by Tech. Sgt. Tamara R. Dabney)

“Part of our commitment to the community is not just being an Air National Guard Base, but it’s also the mission that we have adopted,” said Gwinn. We have 1,200 people who can be used anywhere within the state of Connecticut and in our partnering states. We are the response force for domestic operations. The link to our communities is the National Guard.”



# The Cabin Fever Getaway

By Tech. Sgt. Tamara Dabney  
103rd Airlift Wing, Public Affairs



Julie Marinelli, Facilitator at the Children's Museum in West Hartford, Conn. displays a chinchilla for audience members at the Cabin Fever event held March 16, 2019 at Bradley Air National Guard Base, East Granby, Conn. Cabin Fever was an event for military children hosted by the Airman and Family Readiness Center and the Service Member and Family Support Center for the the Connecticut National Guard. (U.S. Air National Guard photo by Tech. Sgt. Tamara R. Dabney)

An aircraft hangar at Bradley Air National Guard Base was temporarily converted into an indoor playground for children of Connecticut Army and Air National Guard members during the Cabin Fever event.

The event was created to provide a get-away for military children following what had been, for many, several months of activities that were limited to home and school.

“We were thinking of something that we could do to get the kids out of the house and let them burn off some energy and have some fun,” said Michelle McCarty, Lead

Child and Youth Program Coordinator for the Service Member and Family Support Center in Hartford.

Cabin Fever was also designed to provide parents of small children with a much-needed break.

“I know that, with my almost-two year-old, I’m tired of being in the house and trying to find things to do to wear her out, so I thought that this would be a great event,” said Kasey Timberlake, 103rd Airlift Wing Airman and Family Readiness Program Manager. “I know that other families feel the same.”

Well over 100 people, including 65 children, attended Cabin Fever. The event featured a variety of activities made possible through local community partnerships. Bounce About Inflatables, LLC of Simsbury, Conn. donated bounce houses and slides while Resilience Grows Here non-profit organization provided crafting activities. Additionally, Nourish My

**“I think it’s another event that has showcased our strong partnerships with the community”**

Soul, a non-profit organization that educates children and parents about nutrition and healthy living,

brought in a human-powered smoothie blender-bicycle. Special guests included Disney Princesses, Moana and Ariel, a chinchilla from the Children’s Museum of West Hartford and show chickens provided by 4-H non-profit organization.

“I think it’s another event that has



showcased our strong partnerships with the community,” said Timberlake. “We have resources here that they may not have known about. When we have events that are focused on kids we also sneak in some education for parents that they don’t even know that they’re getting. They’re able to meet our community partners and figure out what else is out there for them.”

Cabin Fever, like other events hosted by Service Member and Family Support, gives military families the opportunity to meet and become part of a larger support system.

“I feel like having these events and having the mass quantity of people come helps the families connect with one another,” said McCarty. “They have similar backgrounds and similar situations, so they understand what it’s like to be a part of the military. My main goal is to connect them and support the kids.”

To those military families who are looking for fun activities, would like to be more informed about resources within their community, and want to connect with other military families, Timberlake says, “just

come out”.

“Just come out and try it. You’ll be surprised at how fun the event is and how many people you’ll be able to meet that are in the same situation. These are families that are more than willing to support one another.”



Children of Connecticut Army and Air National Guard members play on a slide during the Cabin Fever event held March 16, 2019 at Bradley Air National Guard Base, East Granby, Conn. Cabin Fever was an event for military children hosted by the Airman and Family Readiness Center and the Service Member and Family Support Center for the the Connecticut National Guard. (U.S. Air National Guard photo by Tech. Sgt. Tamara R. Dabney)

Members of the Connecticut Army and Air National Guard can find out about upcoming service member and family support events from the Yankee Courier, located on the 103rd Airlift Wing website, The Guardian newspaper, or through email by contacting Kasey Timberlake at [kasey.b.timberlake.civ@mail.mil](mailto:kasey.b.timberlake.civ@mail.mil).



# 103rd Appoints New SARC

For those who have not met me yet my name is Denis St. Jean and I am the new full-time Sexual Assault Response Coordinator (SARC) for the wing. My office is located in Bldg. 78 in the same area as the Chaplains and the Director of Psychological Health (DPH). Lt. Col. Kathy Maines continues to be the SARC at Joint Force Headquarters as well as the alternate Wing SARC. My door is always open and I encourage anyone to stop by to talk or just to have a coffee (courtesy of the Chaplain Corps) or to reach out via phone or email. My contact information is:

Office (860) 292-2743

Cell (available 24-hours): (860) 895-3526

Email: denis.r.stjean.civ@mail.mil

With introductions out of the way I'd like to shift the focus to why I'm writing this article. From the DoD:

“Sexual Assault Awareness and Prevention Month (SAAPM) is recognized in April by both civilian and military communities. The Department of Defense observes SAAPM by focusing on creating the appropriate culture to eliminate sexual assault and requiring a personal commitment from all Service members at every level. We all have a part in combating sexual assault and SAAPM offers an excellent opportunity to focus attention on our individual roles.

The 2019 SAAPM Theme is, “Protecting Our People Protects Our Mission.”

Together, we can work to further reduce, with the goal to eliminate, sexual assault from the armed forces. Our military is the most trusted institution in America and our service members have signed a blank check to the American people, payable with their lives. This crime must not threaten those who have volunteered to serve.”

There are a number of events taking place throughout the month in the State of Connecticut that you might find useful and informative. Please consider taking part!

During our Victim Advocate Refresher Training event in March, our students designed T-Shirts that read “Rape is...” and filled them with what it means to them. These T-Shirts will be displayed around the state at the wing, in Hartford, and at Camp Niantic to demonstrate that no



case is alike and no one experiences a trauma the same.

April 1st-April 18th, FACES OF SURVIVAL EXHIBIT: This exhibit displays real stories and images from survivors from across Connecticut. The Susan B. Anthony Project, 179 Water Street, Torrington, CT.

April 8th 1200-1330, TIME'S UP: SEXUAL ASSAULT AND THE LAW: A panel discussion on legislation and public policies about sexual violence in CT, including CT Public Act 14, the Time's Up Act, and Give Victims Time initiative to remove the statute of limitations. Cro's Nest Room, Crozier-Williams Building, Connecticut College 270 Mohegan Avenue, New London, CT.

April 10th 0900-1600, VICTIM RIGHTS SYMPOSIUM: The Office of The Victim Advocate is hosting a Victim Rights Symposium to provide attorneys, law enforcement, and service providers with information and tools to better assist the crime victim community. Courtyard Marriot, Cromwell, CT.

April 10th 1900-2100, TAKE BACK THE NIGHT: Students and Community leaders will gather for a night of poetry, music, and solidarity with survivors of sexual violence. Central Connecticut State University, 1615 Stanley Street, New Britain, CT.

April 11th 1900-2100, TAKE BACK THE NIGHT: Students and Community leaders will gather for a night of poetry, music, and solidarity with survivors of sexual violence. University of Saint Joseph, 1678 Asylum



Avenue, West Hartford, CT.

April 13th 1700, SPRING JAM BENEFIT FEST: Take a stand against sexual violence. Admission is \$5.00. A portion of the proceeds will be donated to Connecticut Alliance to End Sexual Violence. Tazraks Bar and Grill, 585 South Main Street, Naugatuck, CT.

April 16th 1900-2030, EVERYTHING IS LOVE: HIP-HOP, RAPE CULTURE, AND ENTHUSIASTIC CONSENT: A hybrid lecture and performance will discuss the power of hip-hop to further shape the discourse on misogyny, rape, culture, and public policy. Social Room, Student Center, University of Bridgeport, 126 Park Avenue, Bridgeport, CT.

April 18th 1300-1600, CORAZON LASTIMADO: HEALING THE WOUNDED HEART: An art project that seeks to highlight the voices of Latina, Latino, and Latinx survivors of sexual violence in an effort to bring

light to those experiences which have been largely left out of the conversation. Training and Advocacy Center, 98 Pitkin Street, East Hartford, CT.

April 19th-April 30th, FACES OF SURVIVAL EXHIBIT: This exhibit will display real stories and images from survivors from across Connecticut. Tunxis Community College, 271 Scott Swamp Road, Farmington, CT.

April 23rd 1800-2030, 'ROLL RED ROLL' DOCUMENTARY SCREENING AND DISCUSSION: A true crime documentary that goes behind the headlines to uncover deep-seated and social media-fueled "boys will be boys" culture at the root of high school sexual assault in America. This film investigates what happened one night in Steubenville, Ohio. A panel discussion will follow. Darien Library, 1441 Post Road, Darien, CT.

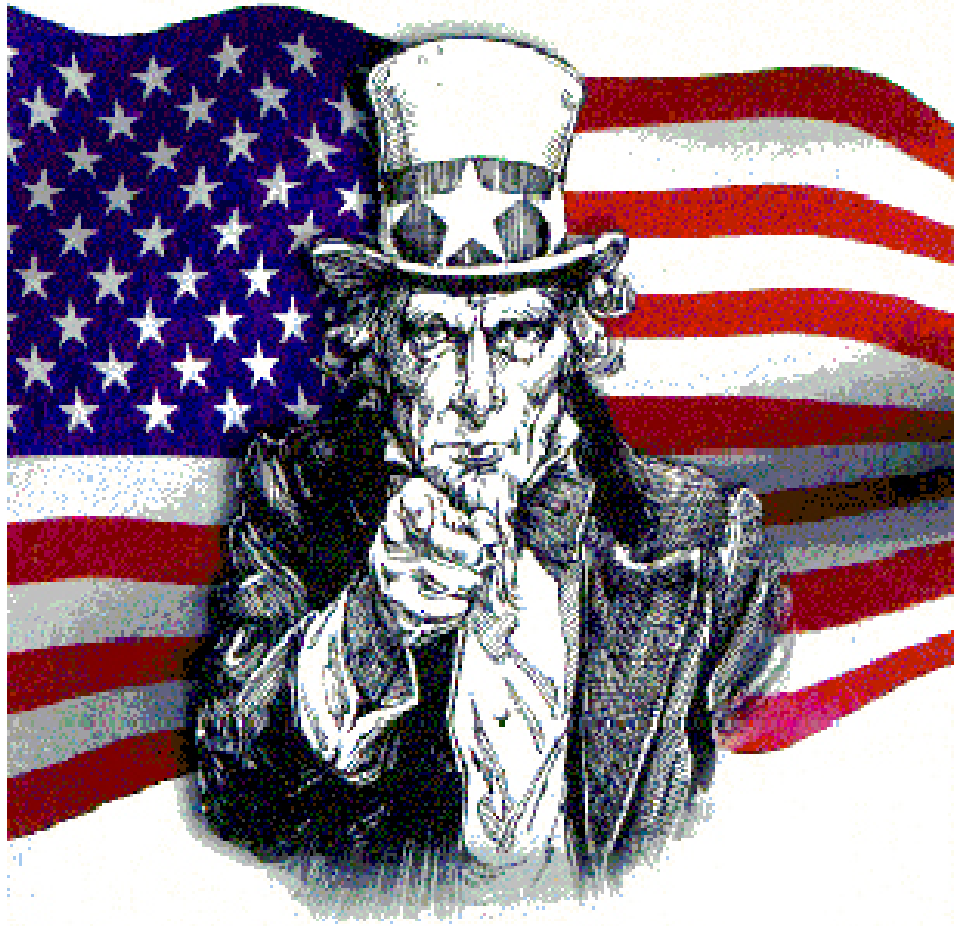
April 24th, DENIM DAY: Wear jeans to dispel harmful myths about sexual violence and survivors.

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# Intelligence Oversight

EO 12333, DoD 5240.1-R Change 2, AR 381-10, AFI 14-104

## INTELLIGENCE OVERSIGHT



I want you to protect the constitutional rights of U.S. Persons!

### DoD Directive 5148.13, Intel Oversight

**Identifying, Investigating and Reporting Questionable Activity** – Each employee shall report any questionable activity to the General Counsel or Inspector General for the DoD intelligence component concerned, or to the General Counsel, DoD or ATSD(IO).

- Resources available on the Flying Yankees SharePoint: Ops Group>Intel and Tactics

“Questionable activity” refers to any conduct that constitutes, or is related to, an intelligence activity that may violate the law, any Executive Order or Presidential Directive, or applicable DoD policy.

#### PRIMARY IO MONITOR:

SMSgt Rob Bailey **292-2434**

#### ALTERNATE MONITOR:

Capt Mike Bartas **292-2456**

UNCLASSIFIED



# Intelligence Oversight

**Monitors, SMSgt Bailey 292-2434 (Primary)  
and Capt Bartas 292-2456 (Alternate)**

- |   |  |
|---|--|
| 01 - General Provisions                     | 08 - Searches and examination of mail                            |
| 02 - Collection of US person information    | 09 - Physical surveillance                                       |
| 03 - Retention of US person information     | 10 - Undisclosed participation in organizations                  |
| 04 - Dissemination of US person information | 11 - Contracting for goods and services                          |
| 05 - Electronic surveillance                | 12 - Support to Law Enforcement Agencies                         |
| 06 - Concealed monitoring                   | 13 - Experimentation of human subjects for intelligence purposes |
| 07 - Physical searches                      |  |



- President Reagan Issued E.O. 12333, which established guidelines for Intelligence Oversight. IO is to protect rights of U.S. persons
- U.S. Person:
  - US Citizen
  - Permanent resident alien
  - Assoc. composed substantially of US Citizens/resident aliens
  - US Incorporated Corporation unless Foreign controlled
- IO applies to any AF Unit / Org with the ability to collect, process, retain or disseminate intelligence on US persons
- Report questionable activities through Chain of Command if feasible
- Procedures 5-10 in DoD Manual 5240.01 and 11-13 in DoD 5240.1-R contain rules, prohibitions, & approval processes for specialized collection methods & techniques
- Electronic surveillance for counterintelligence must be conducted by instructions from; Commander, AFOSI, Sec of AF under SIGINT & USSID directives
- **NO** Intel Community can participate or request any person to undertake activities forbidden by E.O. 12333
- AF Intel may cooperate w/ Law Enforcement authorities under AFI 14-104 & DODD 5525.5 for the purposes of:
  - Investigating/preventing foreign clandestine ops
  - Protecting DoD employees, info & facilities
  - Preventing, detecting, or investigation of other law violations
- Intel Collection & Individual Rights must be balanced for IO to succeed
- Complete initial IO training within 60 days (180 days for AFRC/ANG) of assignment / employment and maintain annual currency. Currency should be maintained during deployments, extended temporary duty assignments
- DoD Manual 5240.01, DoD 5240.1-R, & AFI 14-104 are key USAF IO authorities
- Publicly available info is NOT exempt from IO provisions
- AF Intel units can collect, retain, & disseminate intel on US persons if it is:
  - Necessary to conducting the unit's assigned function/mission
  - Must fall w/in categories 1-13 in DoD Manual 5240.01 & DoD 5240.1-R



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103d Force Support Squadron  
 Selva Cabrera x2443  
 SMSGT Melissa Kelly x2788

Season Pass \$58.99  
 Day Pass \$43





# Proclamation on National Sexual Assault Awareness and Prevention Month, 2019

**Issued on: March 29, 2019**

Sexual assault has shattered and scarred the lives of millions of women, men, and children. During National Sexual Assault Awareness and Prevention Month, we reaffirm our commitment to eliminating sexual violence, empowering survivors and their families, and providing justice to the victims of this devastating crime.

While our Nation has made significant progress in sexual assault prosecution and prevention, and in providing compassionate care for survivors dealing with physical and emotional trauma, the battle to eradicate violence and heal lives is ongoing. My Administration supports innovative strategies to combat the many forms of sexual assault and to provide counseling, treatment, and advocacy for survivors nationwide. For example, to care for victims in rural communities who may lack proximity to clinics and trained forensic examiners, the Department of Justice's Office for Victims of Crime is increasing access to exams through 24-hour telemedicine administered by trained healthcare examiners. The Department of Justice's Office on Violence Against Women has created an updated sexual assault forensic examinations virtual practicum, which employs cutting-edge technology and interactive training to prepare forensic professionals to collect evidence and treat survivors of sexual assault. And the Department of Transportation has formed the National In-Flight Sexual Misconduct Task Force to assess how airlines respond to and report sexual misconduct allegations by passengers on commercial aircraft.

My Administration is also focused on eradicating sex trafficking, a form of sexual assault that amounts to modern-day slavery. Because many victims are trafficked online -- sometimes by intimate partners, spouses, parents, or other family members -- I signed into law the Allow States and Victims to Fight Online Sex Trafficking Act of 2017. This law makes it easier to take legal action against individuals who use websites to facilitate sex trafficking and helps victims seek justice against the websites that profit from their exploitation. It also clarifies that those who benefit from knowingly assisting, supporting, or facilitating an act of sex trafficking are in violation of Federal law.

Thanks to the dedication of professionals, volunteers, and concerned citizens, we are continuing to make strides in the fight against sexual assault. Young people are learning healthy dating and intimate relationship skills as a way to prevent sexual violence, and law enforcement officers and prosecutors are leading unprecedented efforts to fight sex trafficking. Victim centered services are also supporting survivors to get the critical help they deserve. By working together, we can prevent and end the sexual abuse and violence that devastate so many lives.

NOW, THEREFORE, I, DONALD J. TRUMP, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim April 2019 as National Sexual Assault Awareness and Prevention Month. I urge all Americans, families, law enforcement personnel, healthcare providers, and community and faith-based organizations to support survivors of sexual assault and work together to prevent these crimes in their communities.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of March, in the year of our Lord two thousand nineteen, and of the Independence of the United States of America the two hundred and forty-third.

DONALD J. TRUMP





## *Silouan Green*

### **Coming Home: Creating a Culture of Peer Support, Resiliency, and Suicide Prevention**

*Coming to: 103d Airlift Wing DFAC*

***Sunday April 7, 2019***

***2:30 and 3:30 pm***

*Silouan is a nationally known and highly inspirational speaker, who found a way out of darkness, PTSD and hopelessness to a life of meaning, purpose and happiness. Since the day he was medically discharged from the US Marine Corps after surviving a tragic jet crash, he has taken off on an epic journey to find his*

*own mission.*

*In addition to two other books, Silouan created The Ladder UPP life skills program based on his own recovery. It has helped give people around the world hope and a plan to truly make the most of life's trials and transitions. With The Ladder UPP, Silouan has worked at Walter Reed, with the US Marines, the Army, the National Guard, Willow Creek Community Church and various other groups, organizations and mental health professionals. He also speaks to police and other first responders around the country as a national lecturer for the Public Agency Training Council. The United States #1 public training agency.*

**Yes! We will be able to bring Silouan to our base!**

**He will be speaking in the DFAC on April 7, 2:30 for regular Airmen and 3:30 for Student Flight. (Flexible with RSVP)**

**There is still plenty of room to sign up! RSVP before April 1**

**860-292-2561 or [Linda.u.mcewen.civ@mail.mil](mailto:Linda.u.mcewen.civ@mail.mil) or in person!**

## What is the Ladder UPP?

## ...and why is Linda so excited about our speaker, Silouan Green, on April 7?

Well...the Ladder UPP is a life skills workbook created by our Guest speaker, Silouan Green. His workbook offers a complete process to build the life that you know will bring you meaning and purpose, and steer your current life to a road that leads you to achieving it.

If you didn't read this in my flyer, Mr. Green is a nationally known and highly inspirational speaker who found his way out of darkness, PTSD, and hopelessness and began living a life of meaning, purpose, and happiness. Since the day he was medically discharged from the US Marine Corps after surviving a tragic jet crash, he has taken off on an epic journey to find his own true mission. He created the Ladder UPP life skills program based on his own recovery. and has worked at Walter Reed Hospital with the Marines, Army, National Guard, along with police and other first responders, and multiple college campuses.

As you can see, we are very fortunate to have him on our base to introduce his work to us and I am grateful to our leadership for helping me make it happen.

Ideally, we will not see ourselves dealing with the same type of mental and physical issues that faced Mr. Green, but we all know that life has a way of presenting all types of challenges. If you are among the very few who never dealt with one of your own, trust me, you will. Having a goal-oriented life plan multiplies our level of resilience. The sooner and deeper you can plant this in your heart, mind and body, the more skills and determination you will develop when stresses and challenges present themselves.

Mr. Green also deals with is the concept of humility in his program. He defines humility as "allow[ing] us to weather storms and ask for the help we need." With an attitude of humility, we will be unafraid to form connections which allow us to help and support others and ask for the same when we are in need. This is an essential component of success and resilience. Without it, we will feel alone and unsupported in our times of stress.

With that, I believe I have answered the two questions above. I also found out while writing this that the acronym in Ladder UPP stands for "Unlimited Personal Potential." What's not to be excited about, right?

There is still plenty of room for anyone interested in attending. I do ask for an RSVP to be certain we do not exceed the number our DFAC can hold. Please see the flyer in this newsletter for times and contact information.

As your DPH I am here to help anyone connected with the base; military, civilian, and family members. I can assist with navigating through any issue affecting your resilience, quality of life,

or mental health. I would be happy to speak with you to discuss any concerns you may have. Contact me at 860-292-2516 or 860-519-8125 (Please always leave a voicemail) or by email at [linda.u.mcewen.civ@mail.mil](mailto:linda.u.mcewen.civ@mail.mil)



## Post 9/11 Percentage

Do you need to update your Post 9/11 percentage? A lot members think that after your 2<sup>nd</sup> or 3<sup>rd</sup> deployment their Post 9/11 percentage will automatically increase. It does not. To get to 100% Post 9/11 you need a total of 3 years of qualifying time. Anytime you complete another six months of qualifying Post 9/11 time your Post 9/11 percentage will increase by 10%. It is very simple to update your percentage with the Veteran Affairs Office. You can communicate with the VA via the Submit a Question feature located at [benefits.va.gov](https://www.benefits.va.gov).

Step 1:

[https://www.benefits.va.gov/gibill/montgomery\\_bill.asp](https://www.benefits.va.gov/gibill/montgomery_bill.asp)

Step 2:

Click on Submit a Question

Step 3:

You will see 4 tabs (Home, Answers, Ask a Question, Your Account)- Click Ask a Question

Step 4:

Sign up for an account

Step 5:

You will see a drop down to select your question type- select Post 9/11, request the VA update your percentage based on your deployed time and upload either CURRENT AGR order or DD214. Request an updated certificate of eligibility (COE) with your new Post 9/11 percentage. Bring the updated COE to your school.

For any questions please contact:

MSgt Elizabeth Toth

Retention Office Manager

[Elizabeth.j.toth.mil@mail.mil](mailto:Elizabeth.j.toth.mil@mail.mil)

860-292-2574

# Apr UTA Meals

## Saturday, 6 Apr 19; 1100-1300

- Glazed Ham
  - Baked Stuffed Shells
  - Lemon Pepper Fish
  - Mashed Potatoes
  - Au Gratin Potatoes
  - Carrots
  - Salad Bar
  - Sandwich Bar
  - Chocolate Cheesecake
  - Assorted Cookies
- AGRs & Officers: \$ 5.60

## Sunday, 7 Apr 19, 1100-1300

- Chicken Cacciotore
  - Stuffed Peppers
  - Penne Pasta
  - Green Beans & Broccoli
  - Salad Bar
  - Sandwich Bar
  - Assorted Cookies
  - Ice Cream Sandwiches
- AGRs & Officers: \$ 5.60